

**A. SCHEDULING:** Schedule 0

**B. PROPRIETARY NAME AND DOSAGE FORM:** Eye Q10

**C. COMPOSITION:**

Nutritional information per 1 capsule:

Co-enzyme Q10 60 mg

**D. PHARMACOLOGICAL CLASSIFICATION:** Category D.

**E. PHARMACOLOGICAL ACTION:** A supplement which nourishes and protects the optic nerve cells.

**F. INDICATIONS:** For individuals requiring supplementation to nourish and assist in protecting the optic nerve cells.

**G. CONTRA-INDICATION:** None known

**H. WARNINGS AND SPECIAL PRECAUTIONS:** This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of the reach of children.

**I. INTERACTIONS:** No known interactions.

**J. PREGNANCY AND LACTATION:** Suitable during pregnancy. If you are pregnant or breast feeding consult your healthcare practitioner before taking this product.

**K. DOSAGE AND DIRECTION FOR USE:** Take 1 capsule daily with cold water or as advised by your practitioner.

**L. INSTRUCTIONS:**

- Do not share medicines prescribed for you with any other person.
- In the event of over dosage, immediately consult your doctor, pharmacist or the nearest hospital.

**M. SIDE EFFECTS:** Should your general health worsen or if you experience any untoward side effects while taking this product, discontinue immediately. Thereafter, consult your health care professional for advice.

**N. KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF TREATMENTS:** None known.

**O. IDENTIFICATION:** White hard gel capsule.

**P. PRESENTATION:** White hard gel capsule packaged in a white container with a sponge, silica gel and sealed with a yellow lid. The container together with a product insert is then packaged into a clearly marked carton.

**Q. STORAGE INSTRUCTIONS:** Store in a cool, dry place, out of the reach of children. Store below 25°C.

**R. NAME & BUSINESS ADDRESS:** Sport Health & Fitness Technologies (Pty) Ltd., 61 Main Street, Bordeaux Randburg, 2194. South Africa

**S. DATE OF PUBLICATION OF THE INSERT:** July 2015.

**T. DISCIPLINE OF MEDICINE:** Complementary Medicine.

**U. DISCLAIMER:** This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

**A. SKEDULERING:** Skedule 0

**B. EIENDOMSNAAM (EN DOSEERVORM):** Eye Q10

**C. SAMESTELLING:**

Voedingswaarde per 1 kapsule:

Koënsiem Q10 60 mg

**D. FARMAKOLOGIESE KLASSIFIKASIE:** Kategorie D.

**E. FARMAKOLOGIESE WERKING:** 'n Aanvulling wat die optiese senuwee selle voed en beskerm.

**F. INDIKASIES:** Vir individue wat 'n aanvulling nodig om die optiese senuwee selle te voed en help beskerm.

**G. KONTRA-INDIKASIES:** Geen bekend

**H. WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS:**

Die produk is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie. Hou buite bereik van kinders.

**I. INTERAKSIES:** Geen bekend.

**J. SWANGERSKAP EN LAKTASIE:** Geskik tydens swangerskap. As jy swanger is of borsvoed, raadpleeg jou praktisyn voor jy hierdie produk gebruik.

**K. DOSIS EN GEBRUIKSAANWYSINGS:** Neem 1 kapsule daagliks met koue water of soos deur jou praktisyn aangewys.

**L. INSTRUKSIES:**

- U moet nie medisyne wat vir u voorgeskryf is met ander persone deel nie.
- In geval van oordosering moet u dokter, apteker of naaste hospital onmiddellik geraadpleeg word.

**M. NEWE-EFFEKTE:** Indien u gesondheid verswak of enige ongewenste effekte waargeneem word tydens die gebruik van hierdie produk, moet u geneesheer of apteker geraadpleeg word.

**N. BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN:** Geen bekend.

**O. IDENTIFIKASIE:** Wit hardgel kapsule.

**P. AANBIEDING:** Wit hardgel kapsule. Verpak in 'n wit houër met 'n spons en silica gel en verseël met 'n geel deksel. Herverpak met 'n insetel in 'n duidelike gemerkte karton.

**Q. BERIGINGSAAANWYSINGS:** Bewaar benede 25°C. Hou buite bereik van kinders.

**R. NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT:** Sport Health & Fitness Technologies (Edms) Bpk, Mainstraat 61, Bordeaux, Randburg 2194. Suid Afrika.

**S. DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET:** Julie 2015

**T. DISSCIPLINE VAN MEDISYNE:** Komplimentêre Medisyne.

**U. VRYWARING:** Hierdie medisyne is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel vir die diagnose, behandeling, genesing of voorkoming van enige siektetoestand nie.