

A. SCHEDULING: Schedule 0

B. PROPRIETARY NAME AND DOSAGE FORM: Dry Eye Plus 645mg

C. COMPOSITION:

Nutritional information per 2 capsules:

Fish Oil 40:30	1000 mg
Supplying EPA	400 mg
Supplying DHA	300 mg
Approved Proprietary Herbal Extract	166 mg
Lecithin	44 mg

D. PHARMACOLOGICAL CLASSIFICATION: Category D.

E. PHARMACOLOGICAL ACTION: A supplement which aids in the treatment of dry eye.

F. INDICATIONS: For individuals requiring supplementation for the treatment of dry eye.

G. CONTRA-INDICATION: Not suitable during pregnancy. Breast feeding women and children under the age of 12 to consult with a healthcare practitioner before using this product. Consult your practitioner before using this supplement if you are taking other prescribed medications.

H. WARNINGS AND SPECIAL PRECAUTIONS: This product is not intended to diagnose, treat, cure or prevent any disease. Those on blood thinning medication to consult practitioner before commencing. Keep out of the reach of children.

I. INTERACTIONS: No known interactions.

J. PREGNANCY AND LACTATION: Not suitable during pregnancy. Woman who are breast feeding should consult a healthcare practitioner before commencing with this product.

K. DOSAGE AND DIRECTION FOR USE: First 2 weeks: 4 capsules daily (2 in the morning/ 2 in the evening) with cold water. Thereafter, take 2 capsules daily with cold water, as a maintenance dose. If condition persists after 6-8 weeks, consult your practitioner.

L. INSTRUCTIONS:

- Do not share medicines prescribed for you with any other person.
- In the event of over dosage, immediately consult your doctor, pharmacist or the nearest hospital.

M. SIDE EFFECTS: Should your general health worsen or if you experience any untoward side effects while taking this product, discontinue immediately. Thereafter, consult your health care professional for advice.

N. KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF TREATMENTS:
None known.

O. IDENTIFICATION: Oval dark brown softgel capsule containing oily suspension.

P. PRESENTATION: Oval dark brown softgel capsule containing oily suspension packaged in a white container with a sponge, silica gel and sealed with a yellow lid. The container together with a product insert is then packaged into a clearly marked carton.

Q. STORAGE INSTRUCTIONS: Store in a cool, dry place, out of the reach of children.
Store below 25°C.

R. NAME & BUSINESS ADDRESS: Sport Health & Fitness Technologies (Pty) Ltd.,
61 Main Street, Bordeaux Randburg, 2194. South Africa

S. DATE OF PUBLICATION OF THE INSERT: May 2015.

T. DISCIPLINE OF MEDICINE: Complementary Medicine.

U. DISCLAIMER: This medicine has not been evaluated by the Medicines Control Council.
This medicine is not intended to diagnose, treat, cure or prevent any disease.

A. SKEDULERING: Skedule 0

B. EIENDOMSNAAM (EN DOSEERVORM): Dry Eye Plus 645mg

C. SAMESTELLING:

Voedingswaarde per 2 kapsules:

Visolie	1000 mg
waarvan EPA	400 mg
waarvan DHA	300 mg
Goedgekeurde eie mengsel kruie-ekstrak	83 mg
Lesitien	22 mg

D. FARMAKOLOGIESE KLASSEKASIE: Kategorie D.

E. FARMAKOLOGIESE WERKING: 'n Aanvulling wat help om die omgemak van droë oë te verlig.

F. INDIKASIES: Vir die wat hulp benodig om die simptome van 'n droë oë te verlig.

G. CONTRA-INDIKASIES: Nie geskik tydens swangerskap nie. Kinders wat jonger as 12 jaar oud is en vrouens wat borsvoed moet 'n geneesheer raadpleeg voor die gebruik van die produk.

H. WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS:

Die produk is nie bedoel om enige siekte te diagnoseer, behandel, genees of te voorkom nie. Diegene wat bloed uitdunning medikasie neem, moet 'n geneesheer raadpleeg voor gebruik. Hou buite bereik van kinders.

I. INTERAKSIES: Geen bekend.

J. SWANGERSKAP EN LAKTASIE: Vrouens wat borsvoed of swanger is, moet 'n geneesheer raadpleeg voor die gebruik van die produk.

K. DOSIS EN GEBRUIKSAANWYSINGS: Eerste 2 weke: 4 kapsules daagliks (2 oggend/2 aand) met koue water. Neem daarna 2 kapsules daagliks met koue water, as 'n instandhoudingsdosis. Indien die toestand nie verbeter na 'n tydperk van 6-8 weke nie, moet u geneesheer raadpleeg word.

L. INSTRUKSIES

- U moet nie medisyne wat vir u voorgeskryf is met ander persone deel nie.
- In geval van oordosering moet u dokter, apteker of naaste hospital onmiddellik geraadpleeg word.

M. NEWE-EFFEKTE: Indien u gesondheid verswak of enige ongewenste effekte waargeneem word tydens die gebruik van hierdie produk, moet u geneesheer of apteker geraadpleeg word.

N. BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN: Geen bekend.

O. IDENTIFIKASIE: Donker bruin, ovaal sag gel kapsule wat 'n oliërige suspensie bevat.

P. AANBIEDING: Donker bruin, ovaal sag gel kapsule wat 'n oliërige suspensie bevat. Verpak in 'n wit houër met 'n spons en silica gel en verseël met 'n geel deksel. Herverpak met 'n insetsel in 'n duidelike gemerkte karton.

Q. BERGINGSAAANWYSINGS: Bewaar benede 25°C. Hou buite bereik van kinders.

R. NAAM EN BESIGHEIDSADRES VAN DIE APPLIKANT: Sport Health & Fitness Technologies (Edms) Bpk, Mainstraat 61, Bordeaux, Randburg 2194. Suid Afrika.

S. DATUM VAN PUBLIKASIE VAN HIERDIE VOUBILJET: Mei 2015

T. DISSCIPLINE VAN MEDISYNE: Komplimentêre Medisyne.

U. VRYWARING: Hierdie medisyne is nie deur die Medisynebeheerraad geëvalueer nie. Hierdie medisyne is nie bedoel vir die diagnose, behandeling, genesing of voorkoming van enige siektetoestand nie.